

ENGAGING THE FLOW: TO GET RIGHT ANSWERS—ASK THE RIGHT QUESTIONS!?
Insight 7: The Mystical Life of Thoughts, Day Dreams, Dreams, and Coincidences

Jesus instructed St. Faustina, “Write down everything that occurs to you regarding My goodness.” She **PLEADED**, “...O my Jesus, You Yourself must put words into my mouth, that I may praise you worthily.” He **ANSWERED**, “My daughter, be at peace; do as I tell you. **Your thoughts are united to my thoughts, so write whatever comes to your mind.** You are the secretary of My Mercy...” (Diary 1605).

A MANUSCRIPT dating 600 B.C. was discovered in Peru. It contains nine insights that are figured out sequentially, leading to a **Mystical Life!** *The Celestine Prophecy* by James Redfield, Insight 7:

INTUITIVE THOUGHTS: IF WE **ASK THE RIGHT QUESTION**, WE ARE ON THE ROAD TO ENGAGING THE EVOLUTIONARY FLOW OF THE UNIVERSE! WHEN WE ASK THE RIGHT QUESTION, WE RECEIVE SOME FORM OF INTUITIVE GUIDANCE—AN IDEA OF WHERE TO GO OR WHAT TO DO OR SAY—THEN COINCIDENCES WILL OCCUR TO MOVE US FORWARD. KEEP YOUR CURRENT LIFE QUESTION IN MIND—WHAT CONCERNS YOU NOW. THEN PRAY AND WATCH FOR DIRECTION IN YOUR INTUITIVE THOUGHTS OR DAY DREAMS, AND IN THE WAY SOMETHING JUMPS OUT OR PULLS AT YOU OR SEEMS MORE LUMINOUS, AND IN YOUR DREAMS!

WHEN A NATURAL FREE-FLOWING THOUGHT, DAY DREAM OR HUNCH COMES, OBSERVE IT. PAY ATTENTION TO IT WITHOUT HESITATION. THIS IS YOUR INTUITIVE SENSES WORKING. HUMANS HAVE THE ABILITY TO INTUIT ANSWERS BY NATURE. ASK WHY DID THIS PARTICULAR THOUGHT COME NOW? HOW DOES IT RELATE TO YOUR CURRENT LIFE QUESTION? WHEN YOU OBSERVE A NEGATIVE THOUGHT, HALT IT AND REPLACE IT WITH A POSITIVE OUTCOME THOUGHT, TRAINING YOUR INTUITUAL SENSES TO BE ABOUT POSITIVE THINGS. IF A NEGATIVE THOUGHT CONTINUES, TAKE IT SERIOUSLY, DO NOT FOLLOW THAT ROAD. ANSWERS ALSO COME THROUGH OTHERS BUT TO GET RIGHT ANSWERS, SEND OUT POSITIVE ENERGY—PRAY! IT GOES INTO HUMANS AND HELPS THEM CLEARLY SEE THEIR TRUTH—THE ANSWER THEY HOLD FOR YOU.

CONNECT TO THE SOURCE: WE CAN CONNECT EASILY TO THE UNIVERSAL SOURCE OF ENERGY—THE ENERGY OF LOVE—THROUGH PRAYER AND COMMUNION. WHEN YOU ACQUIRE ENOUGH ENERGY, YOU ARE READY TO ENGAGE EVOLUTION, TO START IT FLOWING YOUR WAY AND PRODUCE THE SUPERNATURAL COINCIDENCES THAT WILL LEAD YOU FORWARD. IF YOU REMAIN **FULL**—IN THE STATE OF LOVE, NO ONE OR NOTHING CAN PULL MORE ENERGY FROM YOU THAN IS BEING REPLACED. **THE ENERGY FLOWING OUT OF YOU CREATES A CURRENT THAT PULLS ENERGY INTO YOU FROM THE SOURCE AT THE SAME RATE.** YOU NEVER RUN OUT AND YOU FEEL HAPPY! OUR BODIES VIBRATE ENERGY AT A CERTAIN RATE. IF OUR ENERGY GETS TOO LOW, OUR RATE DROPS AND WE GET SICK. LOVE IS THE WAY WE KEEP OUR VIBRATION UP. IT KEEPS US HEALTHY! STAY CENTERED: BREATH DEEP TO KEEP ENERGY FLOWING THROUGH YOU. BE STILL AND GAZE AT SOMETHING IN NATURE, CONTEMPLATE ON IT UNTIL YOU SEE ITS **BEAUTY IN REALITY!**

INSIGHT ONE REVEALED THAT GOD MYSTERIOUSLY GUIDES US THROUGH SUPERNATURAL COINCIDENCES. WHEN WE ASK THE WRONG QUESTION, COINCIDENCES WILL NOT OCCUR. WATCH FOR COINCIDENCES, THEY MYSTERIOUSLY LEAD US DOWN A ROAD IN THE DIRECTION INDICATED BY OUR INTUITIVE SENSES. THE UNIVERSE PROVIDES ALL THE ANSWERS WE NEED. IF WE FLOW WITH IT, TRUSTING IN GOD, WE ARE PART OF HIS EVOLUTIONARY PLAN TO MOVE HIS CHILDREN FORWARD TO OPERATE AT A HIGHER VIBRATION!

Jesus said to St. Faustina, “How very much I desire the salvation of souls! My dear secretary, write that I want to pour out My Divine Life into human souls and sanctify them, if only they were willing to accept My grace. The greatest sinners would achieve great sanctity if only they would trust in My Mercy. The very inner depths of My Being are **filled** to overflowing with mercy and it is being poured out on all I have created. My delight is to act in a human soul and to **fill it** with My mercy and to justify it. **My kingdom on earth is My life in the human soul.** Write, My secretary, that I Myself am the spiritual guide of souls and I guide them indirectly through the priests (shepherds) and lead each one to sanctity by a road known to Me alone” (Diary 1784).

CARDS 38-42: THE CELESTINE PROPHECY SYNCHRONIZED WITH MARY’S ONGOING MESSAGES

A Message from the Queen of Hearts and Souls
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Card 40: The Diary of St. Faustina—The Secretary of Jesus’ Mercy

St. Faustina—The Nun Who Believed in the POWER OF PRAYER!
A MYSTICAL LIFE INTERWOVEN WITH GOD’S TENDERNESS
A POWERFUL Witness of Heaven, Purgatory, and Hell!

POWERFUL CHAPLET TO ASK FOR DIVINE MERCY

ETERNAL FATHER, I OFFER YOU THE BODY AND BLOOD, SOUL AND DIVINITY OF YOUR SON JESUS IN ATONEMENT FOR MY SINS AND THOSE OF THE SOULS IN PURGATORY.



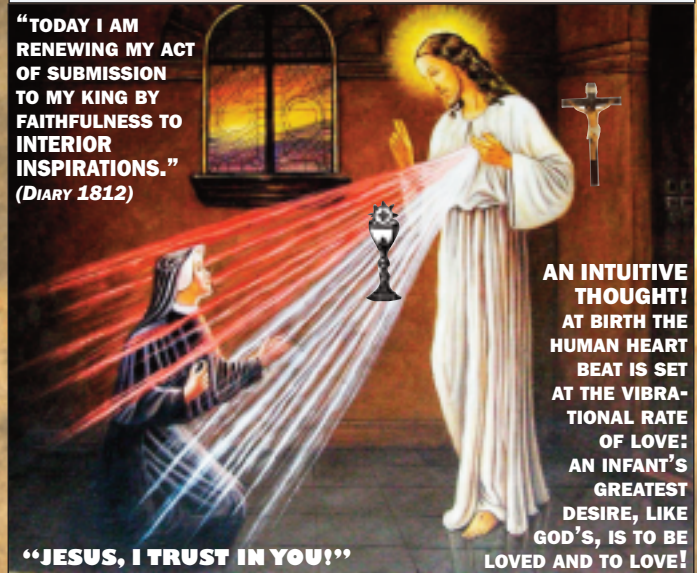
† FOR THE SAKE OF HIS SORROWFUL PASSION HAVE MERCY ON US AND ON THE WHOLE WORLD. HOLY GOD, HOLY MIGHTY SON, HOLY IMMORTAL SPIRIT, HAVE MERCY ON US AND THE WORLD.

Diary 474-475



THE CELESTINE PROPHECY—INSIGHT 7: INTUITIVE THOUGHTS

O BLOOD AND WATER, WHICH GUSHED FORTH FROM THE HEART OF JESUS AS A FONT OF MERCY FOR ME, I TRUST IN YOU (DIARY 187).



“TODAY I AM RENEWING MY ACT OF SUBMISSION TO MY KING BY FAITHFULNESS TO INTERIOR INSPIRATIONS.” (DIARY 1812)

AN INTUITIVE THOUGHT! AT BIRTH THE HUMAN HEART BEAT IS SET AT THE VIBRATIONAL RATE OF LOVE: AN INFANT’S GREATEST DESIRE, LIKE GOD’S, IS TO BE LOVED AND TO LOVE!

WHILE ST. FAUSTINA WAS CONTEMPLATING JESUS, HE APPEARED WITH TWO RAYS EMANATING FROM HIS HEART, GUSHING AS THE BLOOD AND WATER THAT FLOWED WHEN IT WAS PIERCED WITH A LANCE. HE SAID, “PAINT MY IMAGE WITH THE SIGNATURE: JESUS, I TRUST IN YOU. I **ASK** FOR IT TO BE VENERATED.” THE IMAGE WAS PLACED ABOVE THE ALTAR WHERE THE EUCHARIST WAS BEING VENERATED. WHILE ST. FAUSTINA WAS GAZING AT IT, THE RAYS PIERCED THROUGH THE HOST AND SPREAD OVER THE WORLD. SHE HEARD: “THESE RAYS OF MERCY WILL PASS THROUGH YOU, JUST AS THEY HAVE PASSED THROUGH THIS HOST, AND WILL GO THROUGH OUT THE WORLD AS A **POWERFUL WITNESS**” (DIARY 47, 441).

MARY HAS BEEN VISITING HER CHILDREN, ASKING US TO ANSWER HER CALL TO PRAY AND PUT GOD FIRST SINCE 1981 FROM MEDJUGORJE (CARD 15).

“DEAR CHILDREN: “Today I am with you and with joy I **ASK** all of you: pray and believe in the **POWER OF PRAYER!** Open your hearts, little children, so that God may **FILL YOU** with His love and you will be a joy to others. Your **WITNESS WILL BE POWERFUL** and everything you do will be interwoven with God’s tenderness. I am with you and I pray for you and your conversion until you put God in the first place. Thank you for having **ANSWERED** my call!” (Med. 5/25/15).

TO ASK FOR OTHERS CHANGE THE PRONOUN

RHYTHMIC SALUTATION TO OUR BLESSED LADY OF MERCY!

HAIL MARY, STAR OF THE SEA, OUR MERCIFUL MOTHER! BLESSED ART THOU AMONG WOMEN! HOLY MARY, MOTHER OF THE MERCIFUL GOD, FOR THE SAKE OF YOUR SON’S SORROWFUL PASSION ASK THE FATHER TO HAVE MERCY ON ME AND FILL ME WITH HIS LOVE.

Diary 476



DR., ST. FAUSTINA'S MYSTICAL LIFE OF PRAYER AND GOD'S MERCY
A Powerful Witness—The Secretary of Jesus' Mercy!

"DEAR CHILDREN! You have to speak to the world about His Great Mercy and prepare the world for the Second Coming of Him who will come, not as a Merciful Savior, but a Just Judge. Oh, how terrible is that Day! Determined is the Day of Justice—the Day of Divine Wrath! The angels tremble before it! Speak to souls about this Great Mercy while it is still the time for granting mercy. If you keep silent now, you will be **answering** for a great number of souls on that terrible day!" (Our Lady's words to St. Faustina applied to us/Diary 635)

HELENA KOWALSKA (1905–1938) was born in Poland to a large devote family of humble means. At age 20 she entered the Convent of Our Blessed Lady of Mercy, receiving the name Sister Maria Faustina. She had many engagements with the supernatural world, including visiting hell, purgatory, and heaven! Jesus called her the secretary of His Mercy, instructing her to write His words and her experiences in her diary. She loved to pray the Rosary and contemplate the Eucharist and is known as one of the greatest **MYSTICS** in Church history, having entered into the rare state of mystical union with Jesus as His Bride. Her supernatural gifts included visions, reading souls (seeing **beautiful energies/cards** 38/4), bi-locational (*two places at once*), and exterior and **interior voices**.

MYSTIC: A person who practices prayer through extraordinary contemplation from the heart and mind, resulting in a supernatural experience or a mystical union with Jesus as His Bride. This union results in a state of ecstasy and goes beyond comprehension and the will and senses as one is transformed into the presence of God to share in the Divine Life of Christ (stigmata). It requires a formulated prayer that has a rhythm like a Rosary and a form or figure like the Cross or the Eucharist to gaze on, leading to a heightened state of consciousness, where things are perceived in the light of love—under the aspect of **beauty**: for **beauty** is simply **Reality** seen with the eyes of love (Catholic Encyclopedia/card 38).



A POWERFUL WITNESS OF HELL: "TODAY, I WAS LED BY AN ANGEL TO THE CHASMS OF HELL! IT IS A PLACE OF GREAT TORTURE; HOW AWESOMELY LARGE AND EXTENSIVE IT IS! **ASK** ME WHAT KINDS OF TORTURES I SAW? THE **FIRST** TORTURE THAT CONSTITUTES HELL IS THE LOSS OF GOD! THE **SECOND** IS PERPETUAL REMORSE OF CONSCIENCE. THE **THIRD** IS THAT ONE'S CONDITION WILL NEVER CHANGE! THE **FOURTH** IS THE FIRE THAT WILL PENETRATE THE SOUL WITHOUT DESTROYING IT! IT IS A TERRIBLE SUFFERING, A PURELY SPIRITUAL FIRE, WHICH IS LIT BY GOD'S ANGER! THE **FIFTH** TORTURE IS CONTINUAL DARKNESS AND A TERRIBLE SUFFOCATING SMELL; AND DESPITE THE DARKNESS, THE DEVILS AND THE SOULS OF THE DAMNED SEE EACH OTHER AND ALL THE EVIL, BOTH OF OTHERS AND THEIR OWN. THE **SIXTH** TORTURE IS THE CONSTANT COMPANY OF SATAN. THE **SEVENTH** TORTURE IS HORRIBLE DESPAIR, HATRED OF GOD, VILE WORDS, CURSES AND BLASPHEMIES. THESE TORTURES ARE SUFFERED BY ALL THE DAMNED TOGETHER; BUT THAT IS NOT THE END OF THE SUFFERINGS.

"THERE ARE SPECIAL TORTURES DESTINED FOR PARTICULAR SOULS. THESE ARE THE TORMENTS OF THE SENSES. EACH SOUL UNDERGOES TERRIBLE AND INDESCRIBABLE SUFFERINGS RELATED TO THE MANNER IN WHICH IT HAS SINNED. THESE ARE THE CAVERNS AND PITS OF TORTURE WHERE ONE FORM OF AGONY DIFFERS FROM ANOTHER. I WOULD HAVE DIED AT THE SIGHT OF THESE TORTURES IF THE OMNIPOTENCE OF GOD HAD NOT SUPPORTED ME. LET THE SINNER KNOW THAT HE WILL BE TORTURED THROUGHOUT ALL ETERNITY IN THOSE SENSES WHICH HE MADE USE OF TO SIN. I AM WRITING THIS AT THE COMMAND OF GOD, SO THAT NO SOUL MAY FIND AN EXCUSE BY SAYING THERE IS NO HELL, OR THAT NOBODY HAS BEEN THERE AND CAN GIVE US THE **ANSWER** OF WHAT IT IS LIKE.

"I, SISTER FAUSTINA KOWALSKA, BY THE ORDER OF GOD, HAVE VISITED THE ABYSSES OF HELL SO THAT I MIGHT TELL SOULS THE **ANSWER** AND TESTIFY TO ITS EXISTENCE. THE DEVILS WERE FULL OF HATRED FOR ME, BUT THEY HAD TO OBEY ME AT THE COMMAND OF GOD. WHAT I HAVE WRITTEN IS BUT A PALE SHADOW OF THE THINGS I SAW. BUT I NOTICED ONE THING: THAT MOST OF THE SOULS THERE ARE THOSE WHO DISBELIEVED THAT THERE IS A HELL. WHEN I CAME TO, I COULD HARDLY RECOVER FROM FRIGHT. HOW TERRIBLY SOULS SUFFER THERE! CONSEQUENTLY, I PRAY EVEN MORE FERVENTLY FOR THE CONVERSION OF SINNERS. I INCESSANTLY PLEAD GOD'S MERCY ON THEM" (DIARY 741).

Jesus said to St. Faustina: "My daughter, secretary of My Mercy, if I demand through you that people revere My Mercy, you should be the first to distinguish yourself by this confidence in My Mercy. I demand from you deeds of Mercy, which are to arise out of love for Me. **YOU ARE TO SHOW MERCY TO YOUR NEIGHBORS ALWAYS AND EVERYWHERE.** You must not shrink from this or try to excuse or absolve yourself from it. I am giving you three ways of exercising Mercy toward your neighbor: the first—**BY DEED**, the second—**BY WORD**, the third—**BY PRAYER**. In these three degrees is contained the fullness of Mercy, and it is an **unquestionable** proof of love for Me. By this means a soul glorifies and pays reverence to My Mercy" (Diary 742 follows entry 741—visit to hell).



A POWERFUL WITNESS OF PURGATORY: "I SAW MY GUARDIAN ANGEL, WHO ORDERED ME TO FOLLOW HIM. IN A MOMENT I WAS IN A MISTY PLACE FULL OF FIRE IN WHICH THERE WAS A GREAT CROWD OF SUFFERING SOULS. THEY WERE PRAYING FERVENTLY, BUT TO NO AVAIL FOR THEMSELVES; ONLY WE CAN COME TO THEIR AID. THE FLAMES BURNING THEM DID NOT TOUCH ME AT ALL. MY GUARDIAN ANGEL DID NOT LEAVE ME. I **ASKED** THESE SOULS WHAT THEIR GREATEST SUFFERING WAS. THEY **ANSWERED** ME IN ONE VOICE THAT THEIR GREATEST TORMENT WAS LONGING FOR GOD. I SAW OUR LADY VISITING THE SOULS IN PURGATORY. THE SOULS CALL HER 'THE STAR OF THE SEA' (SHE COMES THROUGH THE SEA). SHE BRINGS THEM REFRESHMENT. I WANTED TO TALK MORE, BUT MY GUARDIAN ANGEL BECKONED ME TO LEAVE. WHEN WE WENT OUT OF THAT PRISON OF SUFFERING, I WAS **THINKING WHY?** AN **INTERIOR VOICE ANSWERED**, 'MY MERCY DOES NOT WANT THIS, BUT JUSTICE DEMANDS IT'" (DAIRY 20).

"MY CHILDREN: There are many souls in purgatory, along with people who have been consecrated to God to *help release them*. I **ASK** you to pray daily for their intentions: 7 Our Fathers, 7 Hail Marys, and 7 Glory Bes, and the Creed. A large number have been there a long time because no one prays for them" (Med. 7/21/82/card 14).

A POWERFUL WITNESS OF HEAVEN: "I WAS IN HEAVEN, IN SPIRIT, AND I SAW INCONCEIVABLE **BEAUTIES** AND THE HAPPINESS THAT AWAITS US. I SAW HOW ALL CREATURES GIVE CEASELESS PRAISE AND GLORY TO GOD. I SAW HOW GREAT IS HAPPINESS IN GOD, WHICH SPREADS TO ALL CREATURES, MAKING THEM HAPPY; AND THEN ALL THE GLORY AND PRAISE WHICH SPRINGS FROM THIS HAPPINESS **RETURNS TO ITS SOURCE**; AND THEY ENTER INTO THE DEPTHS OF GOD, CONTEMPLATING THE INNER LIFE OF GOD—THE FATHER, SON, AND HOLY SPIRIT, WHOM THEY WILL NEVER COMPREHEND OR FATHOM.

"THE **SOURCE OF HAPPINESS** IS UNCHANGING IN ITS ESSENCE, BUT IT IS ALWAYS NEW, GUSHING FORTH HAPPINESS FOR ALL CREATURES. I UNDERSTAND ST. PAUL, WHO SAID, 'EYE HAS NOT SEEN, NOR EAR HEARD, NOR HEART **ASKED** WHAT GOD HAS PREPARED FOR THOSE WHO LOVE HIM.'

"AND GOD HAS GIVEN ME TO UNDERSTAND THAT THERE IS BUT ONE THING THAT IS OF INFINITE VALUE IN HIS EYES, AND THAT IS THE LOVE OF GOD. LOVE, LOVE AND ONCE AGAIN LOVE AND NOTHING CAN COMPARE WITH A SINGLE ACT OF PURE LOVE OF GOD. OH, WITH WHAT INCONCEIVABLE FAVORS GOD GIFTS A SOUL THAT LOVES HIM SINCERELY. OH, HOW HAPPY IS THE SOUL WHO ALREADY HERE ON EARTH ENJOYS HIS SPECIAL FAVORS. SUCH ARE THE LITTLE AND HUMBLE SOULS.

"THE SIGHT OF THIS GREAT MAJESTY OF GOD, WHICH I CAME TO UNDERSTAND MORE PROFOUNDLY AND WHICH IS WORSHIPED BY THE HEAVENLY SPIRITS ACCORDING TO THEIR DEGREE OF GRACE AND THE HIERARCHIES INTO WHICH THEY ARE DIVIDED, DID NOT CAUSE MY SOUL TO BE STRICKEN WITH TERROR OR FEAR; NO, NO, NOT AT ALL! MY SOUL WAS **FILLED** WITH PEACE AND LOVE, AND THE MORE I COME TO KNOW THE GREATNESS OF GOD, THE MORE JOYFUL I BECOME THAT HE IS AS HE IS! AND I REJOICE IMMENSELY IN HIS GREATNESS AND AM DELIGHTED THAT I AM SO LITTLE BECAUSE, SINCE I AM LITTLE, HE CARRIES ME IN HIS ARMS AND HOLDS ME CLOSE TO **HIS HEART**" (DAIRY 777, 778, 779).

"I SAW HOW THE LORD JESUS SUFFERED AS HE WAS BEING SCOURGED. OH, SUCH AN INCONCEIVABLE AGONY! HOW TERRIBLY JESUS SUFFERED DURING THE SCOURGING! O POOR SINNERS, ON THE DAY OF JUDGEMENT HOW WILL YOU **ANSWER** JESUS, WHO YOU ARE NOW TORTURING SO CRUELLY: HIS BLOOD FLOWED TO THE GROUND, AND IN SOME PLACES HIS FLESH STARTED TO FALL OFF. I SAW A FEW BARE BONES ON HIS BACK. THE MEEK JESUS MOANED SOFTLY AND SIGNED." (STIGMATA/DAIRY 188).

